



Delta Alliance for Congregational Health

Serving Bolivar, Coahoma, Humphreys, Leflore, Quitman, Sunflower, Tallahatchie, Tunica and Washington Counties

The Delta Alliance for Congregational Health (DACH) is a consortium of churches in the Mississippi Delta that recognizes the obligation and the opportunity the church has to minister not only to one's spiritual health, but their physical health as well. DACH representatives support and promote the institution of health ministries in the faith setting.

Congregational Health Nurse Training Program

The CHN Program certifies registered nurses as Congregational Health Nurses through the Congregational Parish Nurse Health Ministry Training. Upon completion of the training nurses establish health ministries within their respective churches and convene a health and wellness council. With goals focused on outreach and service coordination, this project is unique in that it is a culturally tailored program designed to address common needs, concerns, and challenges relative to the target population.

Church Garden Project

In partnership with Delta Health Alliance, the DACH supports the establishment of church gardens in the Mississippi Delta. The Church Garden Project supports the development of congregational gardens to encourage increased access to and consumption of fruits and vegetables and to assist congregational members to become physically active. Community gardens provide fresh healthy produce, as well as opportunities for building community activity. This activity in conjunction with the Congregational Health Nurse Training Program serves to address issues related to adverse health outcomes within the African-American community.

Project HEAL: Healthy, Educated, Active for Life

Project HEAL is a health education and promotion program for African-American churches in the Mississippi Delta. The purpose of the campaign is to support a culture of wellness including physical activity, nutrition, tobacco prevention, and hypertension management.

Congregational Tool Kit:

Congregational Health Guide
9-5-2-1-0 VBS Health and Wellness Curriculum
Starting a Congregational Health Ministry

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