

## Conference Registration Fees

- By September 19: \$25
- September 20-October 5: \$35
- After October 5/Onsite: \$45

### GROUP DISCOUNTS AVAILABLE.

Go to [www.healthycongregationsms.org](http://www.healthycongregationsms.org)

or

Call (901) 826-8355.

Name

Organization

Mailing Address

E-mail Address

City State Zip

Telephone Fax

## Methods of Payment

### Online:

Go to [www.healthycongregationsms.org](http://www.healthycongregationsms.org).

### Mail:

Checks should be made payable to **HAVBS**.

Mail completed form with check to:

Conference 2011  
c/o Mississippi Faith-Based Health and  
Wellness Network  
3440 Wheeler Road  
Hernando, MS 38632  
Office (901) 826-8355

For more registration information, e-mail  
[info@midsouthchurches.org](mailto:info@midsouthchurches.org).

Conference 2011  
c/o Mississippi Faith-Based Health  
and Wellness Network  
3440 Wheeler Road  
Hernando, MS 38632



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## Conference 2011

*Helping Build Healthier Communities  
One Congregation at a Time*

**October 7-8, 2011**

**Brown Baptist Church**

980 Stateline Road  
Southaven, MS

## 2011 Sponsors



Brown Missionary Baptist Church



Mississippi Faith-Based  
Health & Wellness Network

**One Mississippi**

National Baptist Churches



Delta Alliance for Congregational Health



**SOUTHERN  
Remedy**  
THE UNIVERSITY OF MISSISSIPPI MEDICAL CENTER

## Mississippi Faith-Based Health and Wellness Network

### Who Are We?

We are a collaborative effort captained by faith partners joined by medical professionals, health related organizations, and concerned citizens united to make Mississippi a healthier place to live, work, and play. Go to [www.healthycongregationsms.org](http://www.healthycongregationsms.org) for a complete list of collaborators.

### What We Do?

#### Health Ministry Training Continuum

Promote a continuum of faith-centered health and wellness training from novice to health professional including certified health ministry ambassador (CHMA), health ministry advocate (HMA), community health advocate (CHA), faith community nurse (FCN), and congregational health leader (CHL) designations.

#### Annual Congregational Health Guide

Distribute annual congregational health and wellness guide featuring one or more monthly health and wellness focal areas and resources for implementation, helpful hints, and spiritual enlightenment.

#### Healthy Vacation Bible Schools (VBS)

Provide health and wellness addendum to existing VBS curriculum

#### Healthy Fellowship Meals

Encourage healthy menu choices in congregational fellowship meals

#### Congregational/Community Gardens

Promote local congregational and community garden projects to improve access to fresh locally grown produce

#### Annual Conference

Each year, the Mississippi Faith-Based Health and Wellness Network hosts a comprehensive state-wide multi-denominational conference. Conference workshops and activities integrate health and wellness into the ministry of local congregations to achieve better health outcomes.

## Conference 2011

### Conference Goals for Participants

- Learn how to develop and sustain effective health and wellness ministries
- Learn how to track and assess health and wellness outcomes
- Discover resources to support health and wellness ministries

### Friday Pre-Conference Tours/Activities

9:00 am – 6:00 p.m.

Registration Open

9:00 am – 10:00 p.m.

Mississippi Public Broadcasting's Southern Remedy Broadcasts Looped

11:00 am - 4:00 p.m.

Pre-Conference Health and Wellness Tours

3:00 – 5:00 p.m.

Healthy Cooking Demonstrations

5:00 - 7:00 p.m.

Poster Session/Reception

7:00 p.m.

Ecumenical Workshop Service

### Saturday Workshops/Plenary Sessions

#### Adult Tracks Schedule

Session (1) 10:15 am – 11:05 am

Session (2) 11:15 am – 12:05 p.m.

Lunch Session 12:15 – 1:30 p.m. (Advocacy Speaker: TBA)

Session (3) 1:45 – 2:35 p.m.

#### Youth Tracks Schedule

Session (1) 9:30 am – 11:15 am

Lunch 11:25 am – 12:05 p.m.

Session (2) 12:15 – 2:20 p.m.

#### All

Registration 7:45 am – 12:30 p.m.

Continental Breakfast 7:45 – 8:45 am

Opening Plenary Session 8:45 – 10:15 am

Closing Session/Performance 2:30 – 3:30 p.m.

## Keynote Speaker



**Acacia Bamberg Salatti**  
Deputy Director

**U.S. Department of Health and Human Services**  
**Center for Faith-Based and Neighborhood Partnerships**

### Conference Workshop Tracks

#### Adult Tracks

Each track consists of three 50 minute workshops.

- 1: Health Ministry Training Preview
  - \*\*2: Healthy Ministry Ambassador Certification Training
  - 3: Measuring Progress: Tracking Change
  - 4: Getting to a Healthier "Us"
  - 5: Getting to Service after the Benediction - Mobilizing Houses of Worship (Clergy & Lay Leaders)
  - 6: Getting It Done: Health Ministry in Action
  - 7: Seasoning the Senior Years
- \*\* Those completing Track 2 will receive credit toward the Health Ministry Ambassador designation.*

#### Youth Tracks

- empowerMe Summit 2011: Making the Right Choice Right
- Liturgical Dance Workshop: Fit and Faith

Go to [www.healthycongregationsms.org](http://www.healthycongregationsms.org) to download a listing of conference workshops.

**To join the Mississippi Faith-Based Health and Wellness Network, e-mail [info@midsouthchurches.org](mailto:info@midsouthchurches.org).**